

Integrating Environmental Physiotherapy at CEERRF

Committed to a greener physiotherapy,
together with you!



Starting point : A Coruña, ENPHE 2024

It was at the **ENPHE Seminar 2024**, hosted by the Universidade da Coruña (Spain), that our eco-responsible journey truly began.

The **European Network of Physiotherapy in Higher Education** — brings together more than **156 member institutions across 31 countries** — was a turning point: it crystallised our awareness of the role physiotherapy schools must play in addressing planetary health challenges, and gave us the tools and inspiration to act.



ENPHE 2024 Seminar



Awareness & Inspiration



CEERRF's Commitment

A structured roadmap

CEERRF has built a clear, phased **roadmap** to embed environmental responsibility across all dimensions of the school.

Each **milestone** builds on the last, ensuring a coherent and measurable transition. This structured approach allows us to monitor our progress and adapt our strategies as needed.

Apr 2024

**ENPHE Seminar (A Coruña):
Catalyst Event**

Dec 2024

**EcoKiné Membership & Student
Environmental Ambassador**

Jun 2025

EcoKiné Charter Signed

Sep 2025

**Carbon Footprint Assessment
Conducted**

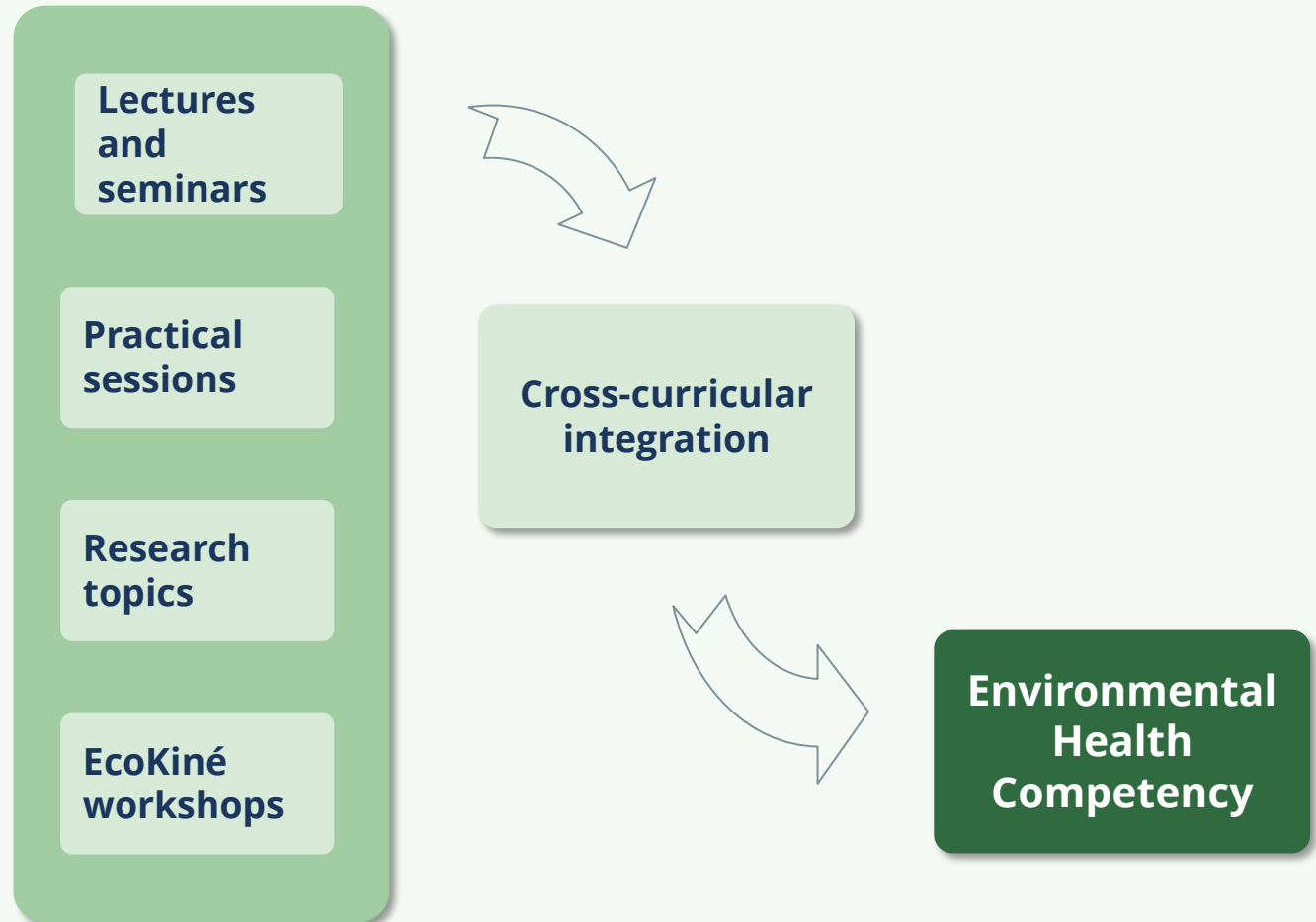
Apr 2026

**ENPHE Workshop: Reporting on
Actions Taken**

Integrating Environmental Health into the curriculum

Rather than treating sustainability as an add-on, we are pursuing a **cross-cutting integration** across different teaching formats.

This ensures that **every graduating physiotherapist** is equipped to act as an agent of environmental health in their future practice.



Proud of our students : drivers of ecological transition

Through a **range of initiatives**, they are **actively** shaping a more sustainable school culture and preparing to become eco-responsible physiotherapists.



Participations in EPA surveys & EcoKiné Action Guides



Local actions : Recycling, Zero waste, Food drives



Communication : posters & social media campaigns



Promoting soft mobility : cycling, public transport

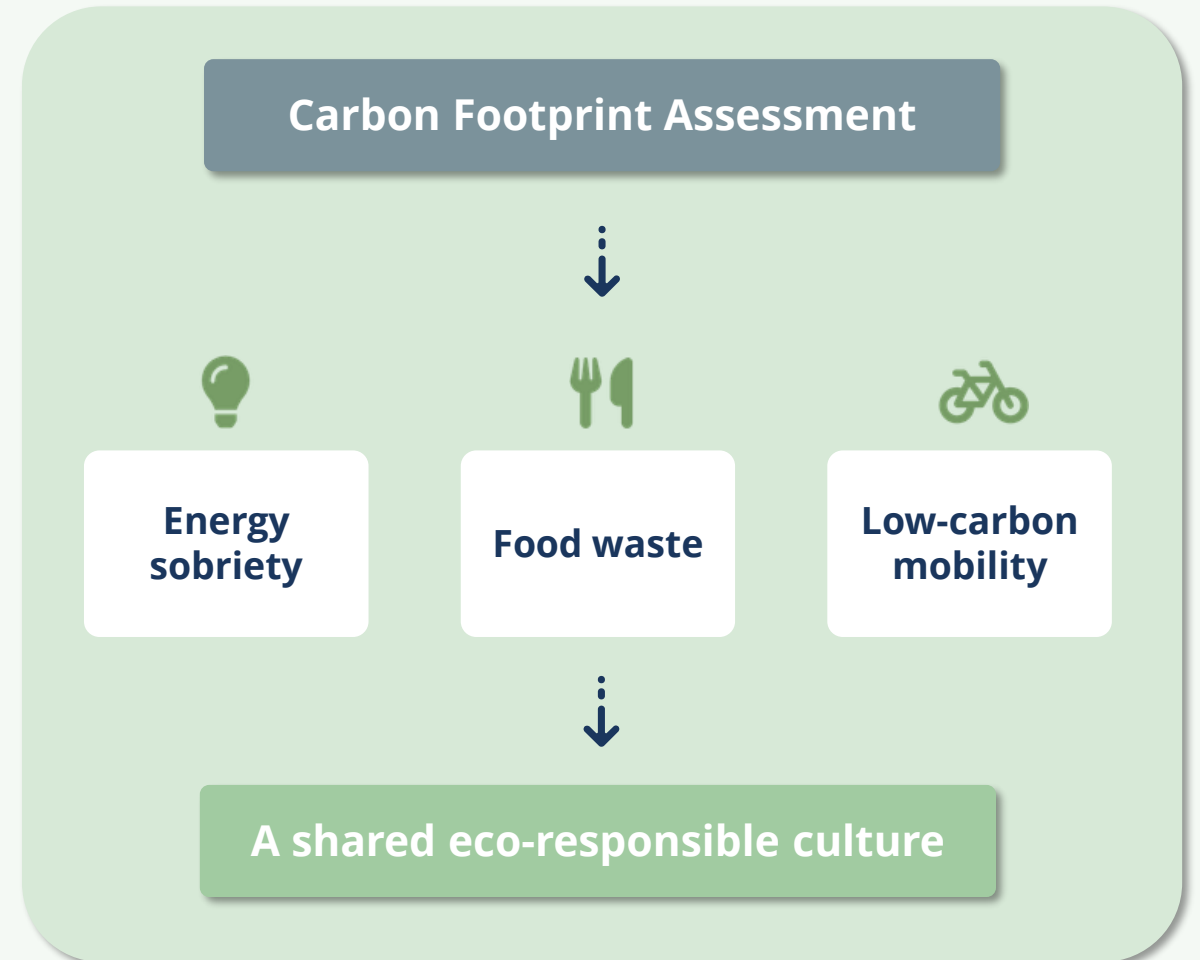


Become Eco-responsible physiotherapists & Environmental health advocates

Staff : Leading by example

Sustainability is not limited to the classroom. Our team and administration are equally committed and proud to lead by example!

Together, we reduce our footprint and foster a culture of **shared responsibility**, making CEERRF greener.



Training the physiotherapists of the future



Our DNA

International Openness



Reflective, Globally-minded
physiotherapists

Physiotherapists committed to
Planetary health



The physiotherapist of tomorrow:
Reflective & Eco-responsible

Sharing, learning and growing together

Experience sharing through ENPHE and Erasmus+ networks

We **collaborate** with European partners to harmonise sustainable health practices, share methodologies, and **learn from one another's** experiences. We are open to **share** the impact of our initiatives and the insights we've gained.

BIP & COIL Projects

We are developing Blended Intensive Programmes (BIP) and Collaborative Online International Learning (COIL) projects, making **international collaboration** accessible to all students. Why not creating something **together**?



**“Join us for a
coffee chat!”**

