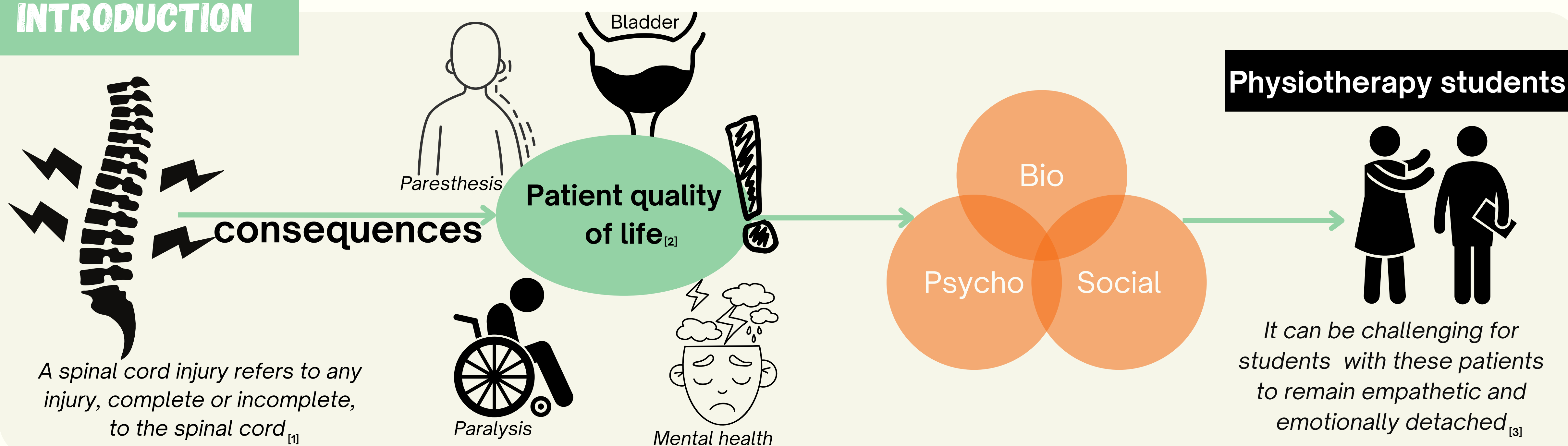


# TRAINEE'S EXPERIENCE OF SPINAL CORD INJURY CARE

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## INTRODUCTION



What professional experience do physiotherapy trainees have in the care of spinal cord injuries?

## METHODOLOGY

### INCLUDED

- Physio' student
- Have undergone treatment for one or more spinal cord injuries



**5** SEMI-STRUCTURED INTERVIEWS

	S.	D.	Do.	R.	T.
Sex	Female	Female	Female	Female	Male
Current year of training	5 <sup>th</sup> years	5 <sup>th</sup> years	5 <sup>th</sup> years	5 <sup>th</sup> years	5 <sup>th</sup> years
Period	6 weeks	4 weeks	6 weeks	6 weeks	6 weeks
Location	Military hospital	Hospital	Hospital	Out patient clinic	Hospital
Year of training during the internship	4 <sup>th</sup> years	3 <sup>th</sup> years	4 <sup>th</sup> years	3 <sup>th</sup> and 4 <sup>th</sup> years	3 <sup>th</sup> years

### NO INCLUDED

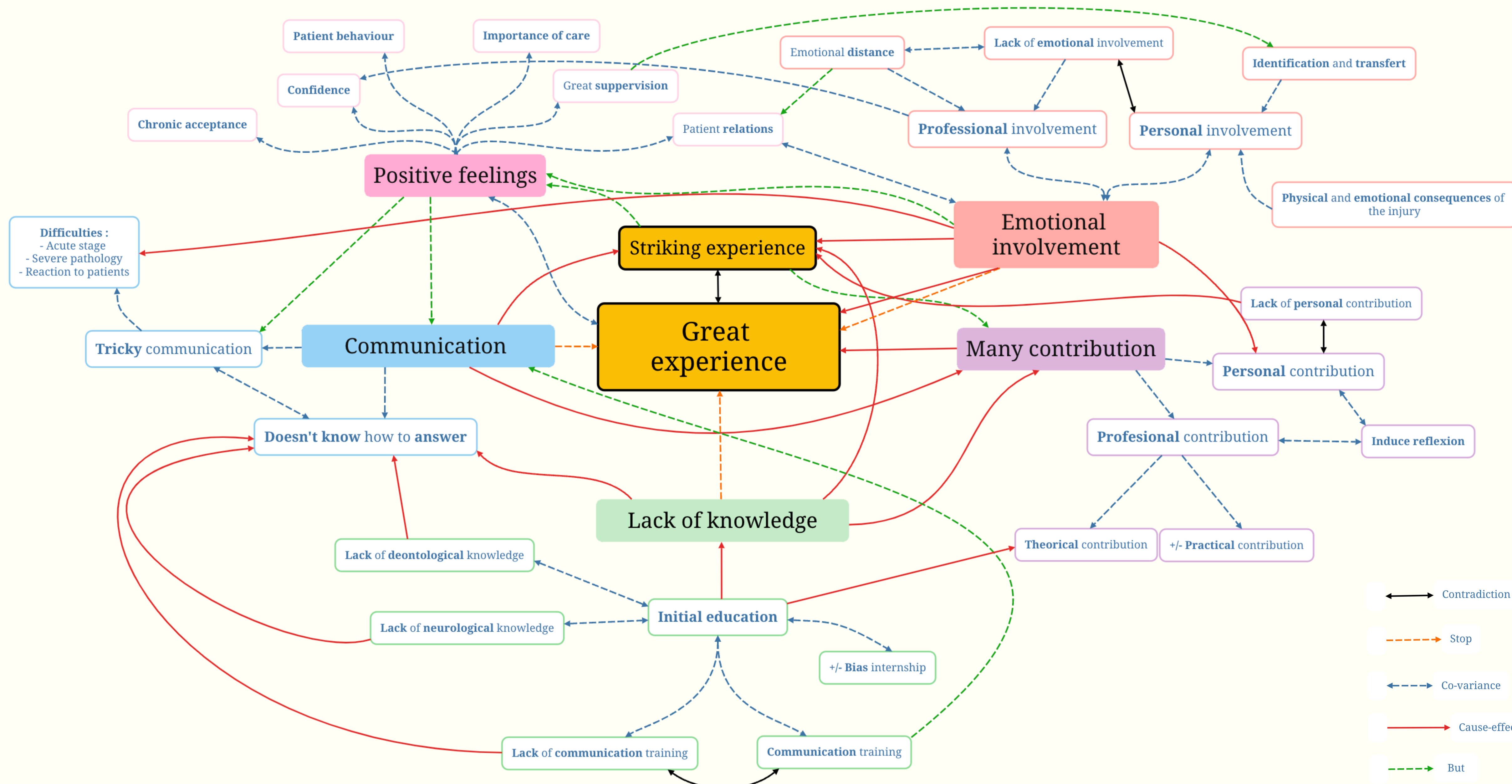
- Physiotherapist
- Have undergone treatment only in the 1 year for one spinal cord injuries

- S** : Physiotherapy students who have completed a placement with spinal cord injured patients
- Pi** : Trainees' experiences in caring for people with spinal cord injuries
- D** : Approach inspired by Interpretative Phenomenological Analysis (IPA)
- E** : Students' experience and attitude during their placement
- R** : Qualitative research

## RESULTS & DISCUSSION

All interviews were transposed into explanatory models. Four main themes emerged unanimously:

- Emotional involvement and overall feelings,
- Communication,
- Lack of knowledge,
- The benefits of the placement.



## CONCLUSION

Working with patients with spinal cord injuries

### It's:

- Enriching
- Demanding experience
- Developing essential technical
- Developing human skills

### But need:

- Good supervision
- Handle emotions (positives & negatives)



Sensitize trainees for their placement

Communication +++

Offer training following internship experience



Overall a positive experience

You are not alone

Take care of yourself



To take mental health of trainees into account

Ask questions to find out if everything is going well

## CONTACT



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MORE INFORMATION ?  
SCAN ME !

### Related literature

- [1] Albert T, Beuret Blanquart F, Le Chapelain L, Fattal C, Goossens D, Rome J, et al. Physical and rehabilitation medicine (PRM) care pathways: "Spinal cord injury." Ann Phys Rehabil Med 2012;55:440-50.
- [2] Budd MA, Gater DR, Channell I. Psychosocial Consequences of Spinal Cord Injury: A Narrative Review. J Pers Med 2022;12:1178.
- [3] McCloughen A, Levy D, Johnson A, Nguyen H, McKenzie H. Nursing students' socialisation to emotion management during early clinical placement experiences: A qualitative study. J Clin Nurs 2020;29:2508-20.